Biological Macromolecules and Lipids

and Lipids

▲ Figure 5.1 Why is the structure of a protein important for its function?

KEY CONCEPTS

- 5.1 Macromolecules are polymers, built from monomers
- 5.2 Carbohydrates serve as fuel and building material
- 5.3 Lipids are a diverse group of hydrophobic molecules
- **5.4** Proteins include a diversity of structures, resulting in a wide range of functions
- 5.5 Nucleic acids store, transmit, and help express hereditary information
- **5.6** Genomics and proteomics have transformed biological inquiry and applications



The Molecules of Life

Given the rich complexity of life on Earth, it might surprise you that the most important large molecules found in all living things—from bacteria to elephants can be sorted into just four main classes: carbohydrates, lipids, proteins, and nucleic acids. On the molecular scale, members of three of these classes—carbohydrates, proteins, and nucleic acids—are huge and are therefore called **macromolecules**. For example, a protein may consist of thousands of atoms that form a molecular colossus with a mass well over 100,000 daltons. Considering the size and complexity of macromolecules, it is noteworthy that biochemists have determined the detailed structure of so many of them. The image in **Figure 5.1** is a molecular model of a protein called alcohol dehydrogenase, which breaks down alcohol in the body.

The architecture of a large biological molecule plays an essential role in its function. Like water and simple organic molecules, large biological molecules exhibit unique emergent properties arising from the orderly arrangement of their atoms. In this chapter, we'll first consider how macromolecules are built. Then we'll examine the structure and function of all four classes of large biological molecules: carbohydrates, lipids, proteins, and nucleic acids.

The scientist in the foreground is using 3-D glasses to help her visualize the structure of the protein displayed on her screen.

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CONCEPT 5.1

Macromolecules are polymers, built from monomers

Large carbohydrates, proteins, and nucleic acids are chainlike molecules called polymers (from the Greek *polys*, many, and *meros*, part). A **polymer** is a long molecule consisting of many similar or identical building blocks linked by covalent bonds, much as a train consists of a chain of cars. The repeating units that serve as the building blocks of a polymer are smaller molecules called **monomers** (from the Greek *monos*, single). In addition to forming polymers, some monomers have functions of their own.

The Synthesis and Breakdown of Polymers

Although each class of polymer is made up of a different type of monomer, the chemical mechanisms by which cells make and break down polymers are basically the same in all cases. In cells, these processes are facilitated by **enzymes**, specialized macromolecules that speed up chemical reactions. The reaction connecting monomers is a good example of a **dehydration reaction**, a reaction in which two molecules are covalently bonded to each other with the loss of a water molecule (**Figure 5.2a**). When a bond forms between two monomers, each monomer contributes part of the water molecule that is released during the reaction: One monomer provides a hydroxyl group (—OH), while the other provides a hydrogen (—H). This reaction is repeated as monomers are added to the chain one by one, making a polymer (also called polymerization).

Polymers are disassembled to monomers by hydrolysis, a process that is essentially the reverse of the dehydration reaction (Figure 5.2b). Hydrolysis means water breakage (from the Greek hydro, water, and lysis, break). The bond between monomers is broken by the addition of a water molecule, with a hydrogen from water attaching to one monomer and the hydroxyl group attaching to the other. An example of hydrolysis within our bodies is the process of digestion. The bulk of the organic material in our food is in the form of polymers that are much too large to enter our cells. Within the digestive tract, various enzymes attack the polymers, speeding up hydrolysis. Released monomers are then absorbed into the bloodstream for distribution to all body cells. Those cells can then use dehydration reactions to assemble the monomers into new, different polymers that can perform specific functions required by the cell. (Dehydration reactions and hydrolysis can also be involved in the formation and breakdown of molecules that are not polymers, such as some lipids.)

The Diversity of Polymers

A cell has thousands of different macromolecules; the collection varies from one type of cell to another. The inherited

Figure 5.2 The synthesis and breakdown of polymers.



(b) Hydrolysis: breaking down a polymer





differences between close relatives, such as human siblings, reflect small variations in polymers, particularly DNA and proteins. Molecular differences between unrelated individuals are more extensive, and those between species greater still. The diversity of macromolecules in the living world is vast, and the possible variety is effectively limitless.

What is the basis for such diversity in life's polymers? These molecules are constructed from only 40 to 50 common monomers and some others that occur rarely. Building a huge variety of polymers from such a limited number of monomers is analogous to constructing hundreds of thousands of words from only 26 letters of the alphabet. The key is arrangement-the particular linear sequence that the units follow. However, this analogy falls far short of describing the great diversity of macromolecules because most biological polymers have many more monomers than the number of letters in even the longest word. Proteins, for example, are built from 20 kinds of amino acids arranged in chains that are typically hundreds of amino acids long. The molecular logic of life is simple but elegant: Small molecules common to all organisms act as building blocks that are ordered into unique macromolecules.

Despite this immense diversity, molecular structure and function can still be grouped roughly by class. Let's examine each of the four major classes of large biological molecules. For each class, the large molecules have emergent properties not found in their individual components.

CONCEPT CHECK 5.1

- 1. What are the four main classes of large biological molecules? Which class does not consist of polymers?
- **2.** How many molecules of water will be released if three monomers combine to form a polymer?
- 3. WHAT IF? > If you eat a piece of fish, what reactions must occur for the amino acid monomers in the protein of the fish to be converted to new proteins in your body?

For suggested answers, see Appendix A.

CONCEPT 5.2

Carbohydrates serve as fuel and building material

Carbohydrates include sugars and polymers of sugars. The simplest carbohydrates are the monosaccharides, or simple sugars; these are the monomers from which more complex carbohydrates are built. Disaccharides are double sugars, consisting of two monosaccharides joined by a covalent bond. Carbohydrate macromolecules are polymers called polysaccharides, composed of many sugar building blocks.

Animation: Carbohydrates

Sugars

Monosaccharides (from the Greek monos, single, and sacchar, sugar) generally have molecular formulas that are some multiple of the unit CH_2O . Glucose ($C_6H_{12}O_6$), the most common monosaccharide, is of central importance in the chemistry of life. In the structure of glucose, we can see the trademarks of a sugar: The molecule has a carbonyl group, C = O, and multiple hydroxyl groups, —OH (Figure 5.3). Depending on the location of the carbonyl group, a sugar is either an aldose (aldehyde sugar) or a ketose (ketone sugar). Glucose, for example, is an aldose; fructose, an isomer of glucose, is a ketose. (Most names for sugars end in -ose.) Another criterion for classifying sugars is the size of the carbon skeleton, which ranges from three to seven carbons long. Glucose, fructose, and other sugars that have six carbons are called hexoses. Trioses (three-carbon sugars) and pentoses (five-carbon sugars) are also common.

Still another source of diversity for simple sugars is in the way their parts are arranged spatially around asymmetric carbons. (Recall that an asymmetric carbon is a carbon attached to four different atoms or groups of atoms.) Glucose and galactose, for example, differ only in the placement of parts around one asymmetric carbon (see the purple boxes in Figure 5.3). What seems like a small difference is significant enough to give the two sugars distinctive shapes and binding activities, thus different behaviors.

Although it is convenient to draw glucose with a linear carbon skeleton, this representation is not completely accurate. In aqueous solutions, glucose molecules, as well as most other

Figure 5.3 The structure and classification of some

monosaccharides. Sugars vary in the location of their carbonyl groups (orange), the length of their carbon skeletons, and the way their parts are arranged spatially around asymmetric carbons (compare, for example, the purple portions of glucose and galactose).



MAKE CONNECTIONS > In the 1970s, a process was developed that converts the glucose in corn syrup to its sweeter-tasting isomer, fructose. High-fructose corn syrup, a common ingredient in soft drinks and processed food, is a mixture of glucose and fructose. What type of isomers are glucose and fructose? (See Figure 4.7.)

Animation: Monosaccharides

Figure 5.4 Linear and ring forms of glucose.



DRAW IT > Start with the linear form of fructose (see Figure 5.3) and draw the formation of the fructose ring in two steps, as shown in (a). First, number the carbons starting at the top of the linear structure. Then draw the molecule in a ringlike orientation, attaching carbon 5 via its oxygen to carbon 2. Compare the number of carbons in the fructose and glucose rings.

five- and six-carbon sugars, form rings, because they are the most stable form of these sugars under physiological conditions (**Figure 5.4**).

Monosaccharides, particularly glucose, are major nutrients for cells. In the process known as cellular respiration, cells extract energy from glucose molecules by breaking them down in a series of reactions. Not only are simple-sugar molecules a major fuel for cellular work, but their carbon skeletons also serve as raw material for the synthesis of other types of small organic molecules, such as amino acids and fatty acids. Sugar molecules that are not immediately used in these ways are generally incorporated as monomers into disaccharides or polysaccharides, discussed next.

A **disaccharide** consists of two monosaccharides joined by a **glycosidic linkage**, a covalent bond formed between two monosaccharides by a dehydration reaction (*glyco* refers to carbohydrate). For example, maltose is a disaccharide formed by the linking of two molecules of glucose (**Figure 5.5a**). Also known as malt sugar, maltose is an ingredient used in brewing beer. The most prevalent disaccharide is sucrose, or table sugar. Its two monomers are glucose and fructose (**Figure 5.5b**). Plants generally transport carbohydrates from leaves to roots



DRAW IT > Referring to Figures 5.3 and 5.4, number the carbons in each sugar in this figure. How does the name of each linkage relate to the numbers?

Animation: Synthesis of Sucrose

V Figure 5.5 Examples of disaccharide synthesis.

and other nonphotosynthetic organs in the form of sucrose. Lactose, the sugar present in milk, is another disaccharide, in this case a glucose molecule joined to a galactose molecule. Disaccharides must be broken down into monosaccharides to be used for energy by organisms. Lactose intolerance is a common condition in humans who lack lactase, the enzyme that breaks down lactose. The sugar is instead broken down by intestinal bacteria, causing formation of gas and subsequent cramping. The problem may be avoided by taking the enzyme lactase when eating or drinking dairy products or consuming dairy products that have already been treated with lactase to break down the lactose.

Polysaccharides

Polysaccharides are macromolecules, polymers with a few hundred to a few thousand monosaccharides joined by

glycosidic linkages. Some polysaccharides serve as storage material, hydrolyzed as needed to provide sugar for cells. Other polysaccharides serve as building material for structures that protect the cell or the whole organism. The architecture and function of a polysaccharide are determined by its sugar monomers and by the positions of its glycosidic linkages.

Storage Polysaccharides

Both plants and animals store sugars for later use in the form of storage polysaccharides (Figure 5.6). Plants store **starch**, a polymer of glucose monomers, as granules within cellular structures known as plastids. (Plastids include chloroplasts.) Synthesizing starch enables the plant to stockpile surplus glucose. Because glucose is a major cellular fuel, starch represents stored energy. The sugar can later be withdrawn by the plant from this carbohydrate "bank" by hydrolysis, which breaks the

✓ Figure 5.6 Polysaccharides of plants and animals. (a) Starch stored in plant cells, (b) glycogen stored in muscle cells, and (c) structural cellulose fibers in plant cell walls are all polysaccharides composed entirely of glucose monomers (green hexagons). In starch and glycogen, the polymer chains tend to form helices in unbranched regions because of the angle of the linkages between glucose molecules. There are two kinds of starch: amylose and amylopectin. Cellulose, with a different kind of glucose linkage, is always unbranched.



bonds between the glucose monomers. Most animals, including humans, also have enzymes that can hydrolyze plant starch, making glucose available as a nutrient for cells. Potato tubers and grains—the fruits of wheat, maize (corn), rice, and other grasses—are the major sources of starch in the human diet.

Most of the glucose monomers in starch are joined by 1–4 linkages (number 1 carbon to number 4 carbon), like the glucose units in maltose (see Figure 5.5a). The simplest form of starch, amylose, is unbranched. Amylopectin, a more complex starch, is a branched polymer with 1–6 linkages at the branch points. Both of these starches are shown in **Figure 5.6a**.

Animals store a polysaccharide called **glycogen**, a polymer of glucose that is like amylopectin but more extensively branched (Figure 5.6b). Vertebrates store glycogen mainly in liver and muscle cells. Hydrolysis of glycogen in these cells releases glucose when the demand for sugar increases. (The extensively branched structure of glycogen fits its function: More free ends are available for hydrolysis.) This stored fuel cannot sustain an animal for long, however. In humans, for example, glycogen stores are depleted in about a day unless they are replenished by eating. This is an issue of concern in lowcarbohydrate diets, which can result in weakness and fatigue.

Structural Polysaccharides

Organisms build strong materials from structural polysaccharides. For example, the polysaccharide called **cellulose** is a major component of the tough walls that enclose plant cells **(Figure 5.6c)**. Globally, plants produce almost 10^{14} kg (100 billion tons) of cellulose per year; it is the most abundant organic compound on Earth.

Like starch, cellulose is a polymer of glucose with 1–4 glycosidic linkages, but the linkages in these two polymers differ. The difference is based on the fact that there are actually two slightly different ring structures for glucose (Figure 5.7a). When glucose forms a ring, the hydroxyl group attached to the number 1 carbon is positioned either below or above the plane of the ring. These two ring forms for glucose are called alpha (α) and beta (β), respectively. (Greek letters are often used as a "numbering" system for different versions of biological structures, much as we use the letters a, b, c, and so on for the parts of a question or a figure.) In starch, all the glucose monomers are in the α configuration (Figure 5.7b), the arrangement we saw in Figures 5.4 and 5.5. In contrast, the glucose monomer of cellulose are all in the β configuration, making every glucose monomer "upside down" with respect to its neighbors (Figure 5.7c; see also Figure 5.6c).

The differing glycosidic linkages in starch and cellulose give the two molecules distinct three-dimensional shapes. Certain starch molecules are largely helical, fitting their function of efficiently storing glucose units. Conversely, a cellulose molecule is straight. Cellulose is never branched, and some hydroxyl groups on its glucose monomers are free to hydrogen-bond with the hydroxyls of other cellulose molecules lying parallel to it. In plant cell walls, parallel cellulose molecules held together in this way are grouped into units called microfibrils (see Figure 5.6c). These cable-like microfibrils are a strong building material for plants and an important substance for humans because cellulose is the major constituent of paper and the only component of cotton. The unbranched structure of cellulose thus fits its function: imparting strength to parts of the plant.

Enzymes that digest starch by hydrolyzing its α linkages are unable to hydrolyze the β linkages of cellulose due to the different shapes of these two molecules. In fact,



Animation: Starch, Cellulose, and Glycogen Structures





Chitin, embedded in proteins, forms the exoskeleton of arthropods. This emperor dragonfly (*Anax imperator*) is molting—shedding its old exoskeleton (brown) and emerging upside down in adult form.

few organisms possess enzymes that can digest cellulose. Almost all animals, including humans, do not; the cellulose in our food passes through the digestive tract and is eliminated with the feces. Along the way, the cellulose abrades the wall of the digestive tract and stimulates the lining to secrete mucus, which aids in the smooth passage of food through the tract. Thus, although cellulose is not a nutrient for humans, it is an important part of a healthful diet. Most fruits, vegetables, and whole grains are rich in cellulose. On food packages, "insoluble fiber" refers mainly to cellulose.

Some microorganisms can digest cellulose, breaking it down into glucose monomers. A cow harbors cellulosedigesting prokaryotes and protists in its gut. These microbes hydrolyze the cellulose of hay and grass and convert the glucose to other compounds that nourish the cow. Similarly, a termite, which is unable to digest cellulose by itself, has prokaryotes or protists living in its gut that can make a meal of wood. Some fungi can also digest cellulose in soil and elsewhere, thereby helping recycle chemical elements within Earth's ecosystems.

Another important structural polysaccharide is **chitin**, the carbohydrate used by arthropods (insects, spiders, crustaceans, and related animals) to build their exoskeletons (**Figure 5.8**). An exoskeleton is a hard case that surrounds the soft parts of an animal. Made up of chitin embedded in a layer of proteins, the case is leathery and flexible at first, but becomes hardened when the proteins are chemically linked to each other (as in insects) or encrusted with calcium carbonate (as in crabs). Chitin is also found in fungi, which use this polysaccharide rather than cellulose as the building material for their cell walls. Chitin is similar to cellulose, with β linkages, except that the glucose monomer of chitin has a nitrogen-containing attachment (see Figure 5.8).

CONCEPT CHECK 5.2

- 1. Write the formula for a monosaccharide that has three carbons.
- 2. A dehydration reaction joins two glucose molecules to form maltose. The formula for glucose is $C_6H_{12}O_6$. What is the formula for maltose?
- 3. WHAT IF? > After a cow is given antibiotics to treat an infection, a vet gives the animal a drink of "gut culture" containing various prokaryotes. Why is this necessary?

For suggested answers, see Appendix A.

CONCEPT 5.3

Lipids are a diverse group of hydrophobic molecules

Lipids are the one class of large biological molecules that does not include true polymers, and they are generally not big enough to be considered macromolecules. The compounds called **lipids** are grouped with each other because they share one important trait: They mix poorly, if at all, with water. The hydrophobic behavior of lipids is based on their molecular structure. Although they may have some polar bonds associated with oxygen, lipids consist mostly of hydrocarbon regions. Lipids are varied in form and function. They include waxes and certain pigments, but we will focus on the types of lipids that are most important biologically: fats, phospholipids, and steroids.

Animation: Lipids

Fats

Although fats are not polymers, they are large molecules assembled from smaller molecules by dehydration reactions, like the dehydration reaction described for the polymerization of monomers in Figure 5.2a. A fat is constructed from two kinds of smaller molecules: glycerol and fatty acids (Figure 5.9a). Glycerol is an alcohol; each of its three carbons bears a hydroxyl group. A fatty acid has a long carbon skeleton, usually 16 or 18 carbon atoms in length. The carbon at one end of the skeleton is part of a carboxyl group, the functional group that gives these molecules the name fatty acid. The rest of the skeleton consists of a hydrocarbon chain. The relatively nonpolar C-H bonds in the hydrocarbon chains of fatty acids are the reason fats are hydrophobic. Fats separate from water because the water molecules hydrogen-bond to one another and exclude the fats. This is why vegetable oil (a liquid fat) separates from the aqueous vinegar solution in a bottle of salad dressing.

In making a fat, three fatty acid molecules are each joined to glycerol by an ester linkage, a bond formed by a dehydration reaction between a hydroxyl group and a carboxyl group. The resulting fat, also called a **triacylglycerol**, thus consists of three fatty acids linked to one glycerol molecule. (Still another name for a fat is *triglyceride*, a word often found Figure 5.9 The synthesis and structure of a fat,

or triacylglycerol. The molecular building blocks of a fat are one molecule of glycerol and three molecules of fatty acids. (a) One water molecule is removed for each fatty acid joined to the glycerol. (b) A fat molecule with three fatty acid units, two of them identical. The carbons of the fatty acids are arranged zigzag to suggest the actual orientations of the four single bonds extending from each carbon (see Figures 4.3a and 4.6b).



Glycerol

(a) One of three dehydration reactions in the synthesis of a fat



(b) Fat molecule (triacylglycerol)

in the list of ingredients on packaged foods.) The fatty acids in a fat can all be the same, or they can be of two or three different kinds, as in Figure 5.9b.

The terms saturated fats and unsaturated fats are commonly used in the context of nutrition (Figure 5.10). These terms refer to the structure of the hydrocarbon chains of the fatty acids. If there are no double bonds between carbon atoms composing a chain, then as many hydrogen atoms as possible are bonded to the carbon skeleton. Such a structure is said to be saturated with hydrogen, and the resulting fatty acid is therefore called a saturated fatty acid (Figure 5.10a). An unsaturated fatty acid has one or more double bonds, with one fewer hydrogen atom on each double-bonded carbon. Nearly every double bond in naturally occurring fatty acids is a cis double bond, which creates a kink in the hydrocarbon chain wherever it occurs (Figure 5.10b). (See Figure 4.7b to remind yourself about cis and trans double bonds.)

A fat made from saturated fatty acids is called a saturated fat. Most animal fats are saturated: The hydrocarbon chains of their fatty acids-the "tails" of the fat molecules-lack double bonds, and their flexibility allows the fat molecules to pack together tightly. Saturated animal fats-such as lard

Figure 5.10 Saturated and unsaturated fats and fatty acids.

(a) Saturated fat



and butter-are solid at room temperature. In contrast, the fats of plants and fishes are generally unsaturated, meaning that they are built of one or more types of unsaturated fatty acids. Usually liquid at room temperature, plant and fish fats are referred to as oils-olive oil and cod liver oil are examples. The kinks where the cis double bonds are located prevent the molecules from packing together closely enough to solidify at room temperature. The phrase "hydrogenated vegetable oils"

on food labels means that unsaturated fats have been synthetically converted to saturated fats by adding hydrogen, allowing them to solidify. Peanut butter, margarine, and many other products are hydrogenated to prevent lipids from separating out in liquid (oil) form.

A diet rich in saturated fats is one of several factors that may contribute to the cardiovascular disease known as atherosclerosis. In this condition, deposits called plaques develop within the walls of blood vessels, causing inward bulges that impede blood flow and reduce the resilience of the vessels. The process of hydrogenating vegetable oils produces not only saturated fats but also unsaturated fats with *trans* double bonds. It appears that **trans fats** can contribute to coronary heart disease (see Concept 43.4). Because *trans* fats are especially common in baked goods and processed foods, the U.S. Food and Drug Administration (FDA) requires nutritional labels to include information on *trans* fat content. In addition, the FDA has ordered *trans* fats to be removed from the U.S. food supply by 2018. Some countries, such as Denmark and Switzerland, have already banned *trans* fats in foods.

The major function of fats is energy storage. The hydrocarbon chains of fats are similar to gasoline molecules and just as rich in energy. A gram of fat stores more than twice as much energy as a gram of a polysaccharide, such as starch. Because plants are relatively immobile, they can function with bulky energy storage in the form of starch. (Vegetable oils are generally obtained from seeds, where more compact storage is an asset to the plant.) Animals, however, must carry their energy stores with them, so there is an advantage to having a more compact reservoir of fuel—fat. Humans and other mammals stock their long-term food reserves in adipose cells (see Figure 4.6a), which swell and shrink as fat is deposited and withdrawn from storage. In addition to storing energy, adipose tissue also cushions such vital organs as the kidneys, and a layer of fat beneath the skin insulates the body. This subcutaneous layer is especially thick in whales, seals, and most other marine mammals, insulating their bodies in cold ocean water.

Phospholipids

Cells as we know them could not exist without another type of lipid—phospholipids. Phospholipids are essential for cells because they are major constituents of cell membranes. Their structure provides a classic example of how form fits function at the molecular level. As shown in **Figure 5.11**, a **phospholipid** is similar to a fat molecule but has only two fatty acids attached to glycerol rather than three. The third hydroxyl group of glycerol is joined to a phosphate group, which has a negative electrical charge in the cell. Typically, an additional small charged or polar molecule is also linked to the phosphate group. Choline is one such molecule (see Figure 5.11), but there are many others as well, allowing formation of a variety of phospholipids that differ from each other.

The two ends of phospholipids show different behaviors with respect to water. The hydrocarbon tails are hydrophobic and are excluded from water. However, the phosphate group and its attachments form a hydrophilic head that has an affinity for water. When phospholipids are added to water, they self-assemble into a double-layered sheet called a "bilayer"



that shields their hydrophobic fatty acid tails from water (Figure 5.11d).

At the surface of a cell, phospholipids are arranged in a similar bilayer. The hydrophilic heads of the molecules are on the outside of the bilayer, in contact with the aqueous solutions inside and outside of the cell. The hydrophobic tails point toward the interior of the bilayer, away from the water. The phospholipid bilayer forms a boundary between the cell and its external environment and establishes separate compartments within eukaryotic cells; in fact, the existence of cells depends on the properties of phospholipids.

Steroids

Steroids are lipids characterized by a carbon skeleton consisting of four fused rings. Different steroids are distinguished by the particular chemical groups attached to this ensemble of rings. **Cholesterol**, a type of steroid, is a crucial molecule in animals (**Figure 5.12**). It is a common component of animal cell membranes and is also the precursor from which other steroids, such as the vertebrate sex hormones, are synthesized. In vertebrates, cholesterol is synthesized in the liver and is also obtained from the diet. A high level of cholesterol in the blood may contribute to atherosclerosis, although some researchers are questioning the roles of cholesterol and saturated fats in the development of this condition.

✓ **Figure 5.12 Cholesterol, a steroid.** Cholesterol is the molecule from which other steroids, including the sex hormones, are synthesized. Steroids vary in the chemical groups attached to their four interconnected rings (shown in gold).



MAKE CONNECTIONS ➤ Compare cholesterol with the sex hormones shown in the figure at the beginning of Concept 4.3. Circle the chemical groups that cholesterol has in common with estradiol; put a square around the chemical groups that cholesterol has in common with testosterone.

Interview with Lovell Jones: Investigating the effects of sex hormones on cancer (see the interview before Chapter 2)

CONCEPT CHECK 5.3

- **1.** Compare the structure of a fat (triglyceride) with that of a phospholipid.
- 2. Why are human sex hormones considered lipids?
- 3. WHAT IF? ➤ Suppose a marine mammal is exposed to very low temperatures. Explain how it would maintain the fluidity of cell membranes.

For suggested answers, see Appendix A.

CONCEPT 5.4

Proteins include a diversity of structures, resulting in a wide range of functions

Nearly every dynamic function of a living being depends on proteins. In fact, the importance of proteins is underscored by their name, which comes from the Greek word *proteios*, meaning "first," or "primary." Proteins account for more than 50% of the dry mass of most cells, and they are instrumental in almost everything organisms do. Some proteins speed up chemical reactions, while others play a role in defense, storage, transport, cellular communication, movement, or structural support. **Figure 5.13** shows examples of proteins with these functions, which you'll learn more about in later chapters.

Life would not be possible without enzymes, most of which are proteins. Enzymatic proteins regulate metabolism by acting as **catalysts**, chemical agents that selectively speed up chemical reactions without being consumed in the reaction. Because an enzyme can perform its function over and over again, these molecules can be thought of as workhorses that keep cells running by carrying out the processes of life.

A human has tens of thousands of different proteins, each with a specific structure and function; proteins, in fact, are the most structurally sophisticated molecules known. Consistent with their diverse functions, they vary extensively in structure, each type of protein having a unique threedimensional shape.

Proteins are all constructed from the same set of 20 amino acids, linked in unbranched polymers. The bond between amino acids is called a *peptide bond*, so a polymer of amino acids is called a **polypeptide**. A **protein** is a biologically functional molecule made up of one or more polypeptides, each folded and coiled into a specific three-dimensional structure.

Amino Acid Monomers

All amino acids share a common structure. An **amino acid** is an organic molecule with both an amino group and a carboxyl group (see Figure 4.9); the small figure shows the general formula for an amino acid. At the center of the amino acid is an asymmetric carbon atom called the *alpha* (α) *carbon*. Its four different partners are an



amino group, a carboxyl group, a hydrogen atom, and a variable group symbolized by R. The R group, also called the side chain, differs with each amino acid.

Figure 5.13 An overview of protein functions.



Animation: Protein Functions

Figure 5.14 shows the 20 amino acids that cells use to build their thousands of proteins. Here the amino groups and carboxyl groups are all depicted in ionized form, the way they usually exist at the pH found in a cell. The side chain (R group) may be as simple as a hydrogen atom, as in the amino acid glycine, or it may be a carbon skeleton with various functional groups attached, as in glutamine.

The physical and chemical properties of the side chain determine the unique characteristics of a particular amino acid, thus affecting its functional role in a polypeptide. In Figure 5.14, the amino acids are grouped according to the properties of their side chains. One group consists of amino acids with nonpolar side chains, which are hydrophobic. Another group consists of amino acids with polar side chains, which are hydrophilic. Acidic amino acids have side chains that are generally negative in charge due to the presence of a carboxyl group, which is usually dissociated (ionized) at cellular pH. Basic amino acids have amino groups in their side chains that are generally positive in charge. (Notice that *all* amino acids have carboxyl groups and amino groups; the terms *acidic* and *basic* in this context refer only to groups in the side chains.) Because they are charged, acidic and basic side chains are also hydrophilic. ✓ Figure 5.14 The 20 amino acids of proteins. The amino acids are grouped here according to the properties of their side chains (R groups) and shown in their prevailing ionic forms at pH 7.2, the pH within a cell. The three-letter and one-letter abbreviations for the amino acids are in parentheses. All of the amino acids used in proteins are L enantiomers (see Figure 4.7c).

ĊH₂

ĊH2

H O

Glutamic acid

(Glu or E)

 \cap

CH₂

H O

Aspartic acid

(Asp or D)

 \cap

H₂N

H₂N



ĊΗ₂

ĊΗ₂

H O

Lysine

(Lys or K)

 H_3N^+

H₃N⁺

ΝĤ

ĊΗ₂

H O

Histidine

(His or H)

ĊH₂

ĊΗ₂

H O

Arginine

(Arg or R)

0

 H_3N^+

0

Polypeptides (Amino Acid Polymers)

Now that we have examined amino acids, let's see how they are linked to form polymers **(Figure 5.15)**. When two amino acids are positioned so that the carboxyl group of one is adjacent to the amino group of the other, they can become joined by a dehydration reaction, with the removal of a water molecule. The resulting covalent bond is called a **peptide bond**. Repeated over and over, this process yields a polypeptide, a polymer of many amino acids linked by peptide bonds. You'll learn more about how cells synthesize polypeptides in Concept 17.4.

The repeating sequence of atoms highlighted in purple in Figure 5.15 is called the *polypeptide backbone*. Extending from this backbone are the different side chains (R groups) of the amino acids. Polypeptides range in length from a few amino acids to 1,000 or more. Each specific polypeptide has a unique linear sequence of amino acids. Note that one end of the polypeptide chain has a free amino group (the N-terminus of the polypeptide), while the opposite end has a free carboxyl group (the C-terminus). The chemical nature of the molecule

▼ Figure 5.15 Making a polypeptide chain. Peptide bonds are formed by dehydration reactions, which link the carboxyl group of one amino acid to the amino group of the next. The peptide bonds are formed one at a time, starting with the amino acid at the amino end (N-terminus). The polypeptide has a repetitive backbone (purple) to which the amino acid side chains (yellow and green) are attached.



DRAW IT > Label the three amino acids in the upper part of the figure using three-letter and one-letter codes. Circle and label the carboxyl and amino groups that will form the new peptide bond.

as a whole is determined by the kind and sequence of the side chains, which determine how a polypeptide folds and thus its final shape and chemical characteristics. The immense variety of polypeptides in nature illustrates an important concept introduced earlier—that cells can make many different polymers by linking a limited set of monomers into diverse sequences.

Protein Structure and Function

The specific activities of proteins result from their intricate three-dimensional architecture, the simplest level of which is the sequence of their amino acids. What can the amino acid sequence of a polypeptide tell us about the three-dimensional structure (commonly referred to simply as the "structure") of the protein and its function? The term polypeptide is not synonymous with the term protein. Even for a protein consisting of a single polypeptide, the relationship is somewhat analogous to that between a long strand of yarn and a sweater of particular size and shape that can be knitted from the yarn. A functional protein is not just a polypeptide chain, but one or more polypeptides precisely twisted, folded, and coiled into a molecule of unique shape, which can be shown in several different types of models (Figure 5.16). And it is the amino acid sequence of each polypeptide that determines what three-dimensional structure the protein will have under normal cellular conditions.

When a cell synthesizes a polypeptide, the chain may fold spontaneously, assuming the functional structure for that protein. This folding is driven and reinforced by the formation of various bonds between parts of the chain, which in turn depends on the sequence of amino acids. Many proteins are roughly spherical (*globular proteins*), while others are shaped like long fibers (*fibrous proteins*). Even within these broad categories, countless variations exist.

A protein's specific structure determines how it works. In almost every case, the function of a protein depends on its ability to recognize and bind to some other molecule. In an especially striking example of the marriage of form and function, Figure 5.17 shows the exact match of shape between an antibody (a protein in the body) and the particular foreign substance on a flu virus that the antibody binds to and marks for destruction. Also, you may recall another example of molecules with matching shapes from Concept 2.3: endorphin molecules (produced by the body) and morphine molecules (a manufactured drug), both of which fit into receptor proteins on the surface of brain cells in humans, producing euphoria and relieving pain. Morphine, heroin, and other opiate drugs are able to mimic endorphins because they all have a shape similar to that of endorphins and can thus fit into and bind to endorphin receptors in the brain. This fit is very specific, something like a lock and key (see Figure 2.16). The endorphin receptor, like other receptor molecules, is a protein. The function of a protein-for instance, the ability of a receptor protein to bind to a particular pain-relieving signaling molecule-is an emergent property resulting from exquisite molecular order.

v Figure 5.16 Visualizing Proteins

Proteins can be represented in different ways, depending on the goal of the illustration.

Target molecule (on bacterial cell surface) bound to lysozyme

Structural Models

Using data from structural studies of proteins, computers can generate various types of models. Each model emphasizes a different aspect of the protein's structure, but no model can show what a protein actually looks like. These three models depict lysozyme, a protein in tears and saliva that helps prevent infection by binding to target molecules on bacteria.



In which model is it easiest to follow the polypeptide backbone?

Instructors: The tutorial "Molecular Model: Lysozyme," in which students rotate 3-D models of lysozyme, can be assigned in MasteringBiology.

Simplified Diagrams

It isn't always necessary to use a detailed computer model; simplified diagrams are useful when the focus of the figure is on the function of the protein, not the structure.



Space-filling model: Shows all the atoms of the protein (except hydrogen), emphasizing the overall globular shape. The atoms are color-coded: gray = carbon, red = oxygen, blue = nitrogen, and yellow = sulfur.



Ribbon model: Shows only the backbone of the polypeptide, emphasizing how it folds and coils to form a 3-D shape, in this case stabilized by disulfide bridges (yellow lines). Wireframe model (blue): Shows the backbone of the polypeptide chain with side chains (R groups) extending from it (see Figure 5.15). A ribbon model (purple) is superimposed on the wireframe model.



Figure 5.17 Complementarity of shape between two protein surfaces. A technique called X-ray crystallography was used to generate a computer model of an antibody protein (blue and orange, left) bound to a flu virus protein (yellow and green, right). This is a wireframe model modified by adding an "electron density map" in the region where the two proteins meet. Computer software was then used to back the images away from each other slightly.

Four Levels of Protein Structure

In spite of their great diversity, proteins share three superimposed levels of structure, known as primary, secondary, and tertiary structure. A fourth level, quaternary structure, arises when a protein consists of two or more polypeptide chains. **Figure 5.18** describes these four levels of protein structure. Be sure to study this figure thoroughly before going on to the next section.

Animation: Protein Structure



VISUAL SKILLS > What do these computer models allow you to see about the two proteins?



The **primary structure** of a protein is its sequence of amino acids. As an example, let's consider transthyretin, a globular blood protein that transports vitamin A and one of the thyroid hormones throughout the body. Transthyretin is made up of four identical polypeptide chains, each composed of 127 amino acids. Shown here is one of these chains unraveled for a closer look at its primary structure. Each of the 127 positions along the chain is occupied by one of the 20 amino acids, indicated here by its threeletter abbreviation.

The primary structure is like the order of letters in a very long word. If left to chance, there would be 20^{127} different ways of making a polypeptide chain 127 amino acids long. However, the precise primary structure of a protein is determined not by the random linking of amino acids, but by inherited genetic information. The primary structure in turn dictates secondary and tertiary structure, due to the chemical nature of the backbone and the side chains (R groups) of the amino acids along the polypeptide.

Regions stabilized by hydrogen bonds between atoms of the polypeptide backbone



β strand, often shown as a folded or flat arrow pointing toward the carboxyl end Hydrogen bond

Most proteins have segments of their polypeptide chains repeatedly coiled or folded in patterns that contribute to the protein's overall shape. These coils and folds, collectively referred to as **secondary structure**, are the result of hydrogen bonds between the repeating constituents of the polypeptide backbone (not the amino acid side chains). Within the backbone, the oxygen atoms have a partial negative charge, and the hydrogen atoms attached to the nitrogens have a partial positive charge (see Figure 2.14); therefore, hydrogen bonds can form between these atoms. Individually, these hydrogen bonds are weak, but because they are repeated many times over a relatively long region of the polypeptide chain, they can support a particular shape for that part of the protein.

One such secondary structure is the α helix, a delicate coil held together by hydrogen bonding between every fourth amino acid, as shown above. Although each transthyretin polypeptide has only one α helix region (see the Tertiary Structure section), other globular proteins have multiple stretches of α helix separated by nonhelical regions (see hemoglobin in the Quaternary Structure section). Some fibrous proteins, such as α -keratin, the structural protein of hair, have the α helix formation over most of their length.

The other main type of secondary structure is the β pleated **sheet**. As shown above, in this structure two or more segments of the polypeptide chain lying side by side (called β strands) are connected by hydrogen bonds between parts of the two parallel segments of polypeptide backbone. β pleated sheets make up the core of many globular proteins, as is the case for transthyretin (see Tertiary Structure), and dominate some fibrous proteins, including the silk protein of a spider's web. The teamwork of so many hydrogen bonds makes each spider silk fiber stronger than a steel strand of the same weight.

Spiders secrete silk fibers made of a structural protein containing β pleated sheets, which allow the spider web to stretch and recoil.





Superimposed on the patterns of secondary structure is a protein's tertiary structure, shown here in a ribbon model of the transthyretin polypeptide. While secondary structure involves interactions between backbone constituents, **tertiary structure** is the overall shape of a polypeptide resulting from interactions between the side chains (R groups) of the various amino acids. One type of interaction that contributes to tertiary structure is called—somewhat misleadingly—a hydrophobic interaction. As a polypeptide folds into its functional shape, amino acids with hydrophobic (nonpolar) side chains usually end up in clusters at the core of the protein, out of contact with water. Thus, a "hydrophobic interaction" is actually caused by the exclusion of nonpolar substances by water molecules. Once nonpolar amino acid side chains are close together, van der Waals interactions help hold them together. Meanwhile, hydrogen bonds between polar side chains and ionic bonds between positively and negatively charged side chains also help stabilize tertiary structure. These are all weak interactions in the aqueous cellular environment, but their cumulative effect helps give the protein a unique shape.

Covalent bonds called **disulfide bridges** may further reinforce the shape of a protein. Disulfide bridges form where two cysteine monomers, which have sulfhydryl groups (—SH) on their side chains (see Figure 4.9), are brought close together by the folding of the protein. The sulfur of one cysteine bonds to the sulfur of the second, and the disulfide bridge (—S—S—) rivets parts of the protein together (see yellow lines in Figure 5.16 ribbon model). All of these different kinds of interactions can contribute to the tertiary structure of a protein, as shown here in a small part of a hypothetical protein:



into one functional macromolecule. **Quaternary structure** is the overall protein structure that results from the aggregation of these polypeptide subunits. For example, shown above is the complete globular transthyretin protein, made up of its four polypeptides. Another example is collagen, which is a fibrous protein that has three identical polypeptides intertwined into a larger triple

three identical helical polypeptides intertwined into a larger triple helix, giving the long fibers great strength. This suits collagen fibers to their function as the girders of connective tissue in skin, bone, tendons, ligaments, and other body parts. (Collagen accounts for 40% of the protein in a human body.)

Some proteins consist of two or more polypeptide chains aggregated



Hemoglobin, the oxygen-binding protein of red blood cells, is another example of a globular protein with quaternary structure.

It consists of four polypeptide subunits, two of one kind (α) and two of another kind (β). Both α and β subunits consist primarily of α -helical secondary structure. Each subunit has a nonpolypeptide component, called heme, with an iron atom that binds oxygen.



Animation: Proteins MP3 Tutor: Protein Structure and Function





MAKE CONNECTIONS ➤ Considering the chemical characteristics of the amino acids valine and glutamic acid (see Figure 5.14), propose a possible explanation for the dramatic effect on protein function that occurs when valine is substituted for glutamic acid.

HHMI Animation: Sickle-Cell Disease

ase **hhm**i

Sickle-Cell Disease: A Change in Primary Structure

Even a slight change in primary structure can affect a protein's shape and ability to function. For instance, **sickle-cell disease**, an inherited blood disorder, is caused by the substitution of one amino acid (valine) for the normal one (glutamic acid) at the position of the sixth amino acid in the primary structure of hemoglobin, the protein that carries oxygen in red blood cells. Normal red blood cells are disk-shaped, but in sickle-cell disease, the abnormal hemoglobin molecules tend to aggregate into chains, deforming some of the cells into a sickle shape (**Figure 5.19**). A person with the disease has periodic "sickle-cell crises" when the angular cells clog tiny blood vessels, impeding blood flow. The toll taken on such patients is a dramatic example of how a simple change in protein structure can have devastating effects on protein function.

Interview with Linus Pauling: Winner of the Nobel Prize in Chemistry and the Nobel Peace Prize

What Determines Protein Structure?

You've learned that a unique shape endows each protein with a specific function. But what are the key factors determining protein structure? You already know most of the answer: A polypeptide chain of a given amino acid sequence can be arranged into a three-dimensional shape determined by the interactions responsible for secondary and tertiary structure. This folding normally occurs as the protein is being synthesized in the crowded environment within a cell, aided by other proteins. However, protein structure also depends on the physical and chemical conditions of the protein's environment. If the pH, salt concentration, temperature, or other aspects of its environment are altered, the weak chemical bonds and interactions within a protein may be destroyed, causing the protein to unravel and lose its native shape, a change called **denaturation (Figure 5.20)**. Because it is misshapen, the denatured protein is biologically inactive.

Most proteins become denatured if they are transferred from an aqueous environment to a nonpolar solvent, such as ether or chloroform; the polypeptide chain refolds so that

✓ Figure 5.20 Denaturation and renaturation of a protein. High temperatures or various chemical treatments will denature a protein, causing it to lose its shape and hence its ability to function. If the denatured protein remains dissolved, it may renature when the chemical and physical aspects of its environment are restored to normal.



its hydrophobic regions face outward toward the solvent. Other denaturation agents include chemicals that disrupt the hydrogen bonds, ionic bonds, and disulfide bridges that maintain a protein's shape. Denaturation can also result from excessive heat, which agitates the polypeptide chain enough to overpower the weak interactions that stabilize the structure. The white of an egg becomes opaque during cooking because the denatured proteins are insoluble and solidify. This also explains why excessively high fevers can be fatal: Proteins in the blood tend to denature at very high body temperatures.

When a protein in a test-tube solution has been denatured by heat or chemicals, it can sometimes return to its functional shape when the denaturing agent is removed. (Sometimes this is not possible: For example, a fried egg will not become liquefied when placed back into the refrigerator!) We can conclude that the information for building specific shape is intrinsic to the protein's primary structure; this is often the case for small proteins. The sequence of amino acids determines the protein's shape—where an α helix can form, where β pleated sheets can exist, where disulfide bridges are located, where ionic bonds can form, and so on. But how does protein folding occur in the cell?

Protein Folding in the Cell

Biochemists now know the amino acid sequence for about 65 million proteins, with roughly 1.5 million added each month, and the three-dimensional shape for almost 35,000. Researchers have tried to correlate the primary structure of many proteins with their three-dimensional structure to discover the rules of protein folding. Unfortunately, however, the protein-folding process is not that simple. Most proteins probably go through several intermediate structures on their way to a stable shape, and looking at the mature structure does not reveal the stages of folding required to achieve that form. However, biochemists have developed methods for tracking a protein through such stages and learning more about this important process.

Misfolding of polypeptides in cells is a serious problem that has come under increasing scrutiny by medical researchers. Many diseases—such as cystic fibrosis, Alzheimer's, Parkinson's, and mad cow disease—are associated with an accumulation of misfolded proteins. In fact, misfolded versions of the transthyretin protein featured in Figure 5.18 have been implicated in several diseases, including one form of senile dementia.

Even when scientists have a correctly folded protein in hand, determining its exact three-dimensional structure is not simple, for a single protein has thousands of atoms. The method most commonly used to determine the 3-D structure of a protein is **X-ray crystallography**, which depends on the diffraction of an X-ray beam by the atoms of a crystallized molecule. Using this technique, scientists can build a 3-D model that shows the exact position of every atom in a protein molecule (**Figure 5.21**). Nuclear magnetic resonance (NMR)

✓ Figure 5.21 Research Method X-Ray Crystallography

Application Scientists use X-ray crystallography to determine the three-dimensional (3-D) structure of macromolecules such as nucleic acids and proteins.

Technique Researchers aim an X-ray beam through a crystallized protein or nucleic acid. The atoms of the crystal diffract (bend) the X-rays into an orderly array that a digital detector records as a pattern of spots called an X-ray diffraction pattern, an example of which is shown here.



Results Using data from X-ray diffraction patterns and the sequence of monomers determined by chemical methods, researchers can build a 3-D computer model of the macromolecule being studied, such as the four-subunit protein transthyretin (see Figure 5.18) shown here.



spectroscopy and bioinformatics (see Concept 5.6) are complementary approaches to understanding protein structure and function.

The structure of some proteins is difficult to determine for a simple reason: A growing body of biochemical research has revealed that a significant number of proteins, or regions of proteins, do not have a distinct 3-D structure until they interact with a target protein or other molecule. Their flexibility and indefinite structure are important for their function, which may require binding with different targets at different times. These proteins, which may account for 20–30% of mammalian proteins, are called *intrinsically disordered proteins* and are the focus of current research.

CONCEPT CHECK 5.4

- 1. What parts of a polypeptide participate in the bonds that hold together secondary structure? Tertiary structure?
- 2. Thus far in the chapter, the Greek letters α and β have been used to specify at least three different pairs of structures. Name and briefly describe them.
- 3. WHAT IF? ➤ Where would you expect a polypeptide region rich in the amino acids valine, leucine, and isoleucine to be located in a folded polypeptide? Explain.

For suggested answers, see Appendix A.

CONCEPT 5.5

Nucleic acids store, transmit, and help express hereditary information

If the primary structure of polypeptides determines a protein's shape, what determines primary structure? The amino acid sequence of a polypeptide is programmed by a discrete unit of inheritance known as a **gene**. Genes consist of DNA, which belongs to the class of compounds called nucleic acids. **Nucleic acids** are polymers made of monomers called nucleotides.

The Roles of Nucleic Acids

The two types of nucleic acids, **deoxyribonucleic acid** (**DNA**) and **ribonucleic acid** (**RNA**), enable living organisms to reproduce their complex components from one generation to the next. Unique among molecules, DNA provides directions for its own replication. DNA also directs RNA synthesis and, through RNA, controls protein synthesis; this entire process is called **gene expression** (Figure 5.22).

DNA is the genetic material that organisms inherit from their parents. Each chromosome contains one long DNA molecule, usually carrying several hundred or more genes. When a cell reproduces itself by dividing, its DNA molecules are copied and passed along from one generation of cells to the next. The information that programs all the cell's activities is encoded in the structure of the DNA. The DNA, however, is not directly involved in running the operations of the cell, any more than computer software by itself can read the bar code on a box of cereal. Just as a scanner is needed to read a bar code, proteins are required to implement genetic programs. The molecular hardware of the cell-the tools that carry out biological functions-consists mostly of proteins. For example, the oxygen carrier in red blood cells is the protein hemoglobin that you saw earlier (see Figure 5.18), not the DNA that specifies its structure.

How does RNA, the other type of nucleic acid, fit into gene expression, the flow of genetic information from DNA to proteins? A given gene along a DNA molecule can direct synthesis of a type of RNA called messenger RNA (mRNA). The mRNA molecule interacts with the cell's protein-synthesizing machinery to direct production of a polypeptide, which folds into all or part of a protein. We can summarize the flow of genetic information as DNA \rightarrow RNA \rightarrow protein (see Figure 5.22). The sites of protein synthesis are cellular structures called ribosomes. In a eukaryotic cell, ribosomes are in the cytoplasmthe region between the nucleus and the plasma membrane, the cell's outer boundary—but DNA resides in the nucleus. Messenger RNA conveys genetic instructions for building proteins from the nucleus to the cytoplasm. Prokaryotic cells lack nuclei but still use mRNA to convey a message from the DNA to ribosomes and other cellular equipment that translate the coded information into amino acid sequences. Later in the

✓ Figure 5.22 Gene expression: DNA \rightarrow RNA \rightarrow protein. In a eukaryotic cell, DNA in the nucleus programs protein production in the cytoplasm by dictating synthesis of messenger RNA (mRNA).



BioFlix[®] Animation: Gene Expression

book, you'll read about other functions of some recently discovered RNA molecules; the stretches of DNA that direct synthesis of these RNAs are also considered genes (see Concept 18.3).

The Components of Nucleic Acids

Nucleic acids are macromolecules that exist as polymers called **polynucleotides** (Figure 5.23a). As indicated by the name, each polynucleotide consists of monomers called **nucleotides**. A nucleotide, in general, is composed of three parts: a five-carbon sugar (a pentose), a nitrogen-containing (nitrogenous) base, and one to three phosphate groups (Figure 5.23b). The beginning monomer used to build a polynucleotide has three phosphate groups, but two are lost during the polymerization process. The portion of a nucleotide without any phosphate groups is called a *nucleoside*.

To understand the structure of a single nucleotide, let's first consider the nitrogenous bases (Figure 5.23c). Each nitrogenous base has one or two rings that include nitrogen atoms. (They are called nitrogenous *bases* because the nitrogen atoms tend to take up H⁺ from solution, thus acting as bases.) There are two families of nitrogenous bases: pyrimidines and purines. A **pyrimidine** has one six-membered ring of carbon and nitrogen atoms. The members of the pyrimidine family are cytosine (C), thymine (T), and uracil (U). **Purines** are larger, with a six-membered ring fused to a

five-membered ring. The purines are adenine (A) and guanine (G). The specific pyrimidines and purines differ in the chemical groups attached to the rings. Adenine, guanine, and cytosine are found in both DNA and RNA; thymine is found only in DNA and uracil only in RNA.

Now let's add the sugar to which the nitrogenous base is attached. In DNA the sugar is **deoxyribose**; in RNA it is ribose (see Figure 5.23c). The only difference between these two sugars is that deoxyribose lacks an oxygen atom on the second carbon in the ring, hence the name *deoxy*ribose.

So far, we have built a nucleoside (base plus sugar). To complete the construction of a nucleotide, we attach one to three phosphate groups to the 5' carbon of the sugar (the carbon numbers in the sugar include ', the prime symbol; see Figure 5.23b). With one phosphate, this is a nucleoside monophosphate, more often called a nucleotide.

Nucleotide Polymers

Chemical Structure of DNA

The linkage of nucleotides into a polynucleotide involves a dehydration reaction. (You will learn the details in Concept 16.2.) In the polynucleotide, adjacent nucleotides are joined by a phosphodiester linkage, which consists of a phosphate

Figure 5.23 Components of nucleic acids. (a) A polynucleotide has a sugar-phosphate backbone with variable appendages, the nitrogenous bases. (b) In a polynucleotide, each nucleotide monomer includes a nitrogenous base,

group that links the sugars of two nucleotides. This bonding results in a repeating pattern of sugar-phosphate units called the sugar-phosphate backbone (see Figure 5.23a). (Note that the nitrogenous bases are not part of the backbone.) The two free ends of the polymer are distinctly different from each other. One end has a phosphate attached to a 5' carbon, and the other end has a hydroxyl group on a 3' carbon; we refer to these as the 5' end and the 3' end, respectively. We can say that a polynucleotide has a built-in directionality along its sugar-phosphate backbone, from 5' to 3', somewhat like a one-way street. The bases are attached all along the sugar-phosphate backbone.

The sequence of bases along a DNA (or mRNA) polymer is unique for each gene and provides very specific information to the cell. Because genes are hundreds to thousands of nucleotides long, the number of possible base sequences is effectively limitless. The information carried by the gene is encoded in its specific sequence of the four DNA bases. For example, the sequence 5'-AGGTAACTT-3' means one thing, whereas the sequence 5'-CGCTTTAAC-3' has a different meaning. (Entire genes, of course, are much longer.) The linear order of bases in a gene specifies the amino acid sequence—the primary structure—of a protein, which in turn specifies that protein's 3-D structure, thus enabling its function in the cell.

NITROGENOUS BASES



Figure 5.24 The structures of DNA and tRNA molecules. (a) The DNA molecule is usually a double helix, with the sugar-phosphate backbones of the antiparallel polynucleotide strands (symbolized here by blue ribbons) on the outside of the helix. Hydrogen bonds between pairs of nitrogenous bases hold the two strands together. As illustrated here with symbolic shapes for the bases, adenine (A) can pair only with thymine (T), and guanine (G) can pair only with cytosine (C). Each DNA strand in this figure is the structural equivalent of the polynucleotide diagrammed in Figure 5.23a. (b) A tRNA molecule has a roughly L-shaped structure due to complementary base pairing of antiparallel stretches of RNA. In RNA, A pairs with U.





The Structures of DNA and RNA Molecules

DNA molecules have two polynucleotides, or "strands," that wind around an imaginary axis, forming a **double helix** (Figure 5.24a). The two sugar-phosphate backbones run in opposite $5' \rightarrow 3'$ directions from each other; this arrangement is referred to as **antiparallel**, somewhat like a divided highway. The sugar-phosphate backbones are on the outside of the helix, and the nitrogenous bases are paired in the interior of the helix. The two strands are held together by hydrogen bonds between the paired bases (see Figure 5.24a). Most DNA molecules are very long, with thousands or even millions of base pairs. The one long DNA double helix in a eukaryotic chromosome includes many genes, each one a particular segment of the molecule.

In base pairing, only certain bases in the double helix are compatible with each other. Adenine (A) in one strand always pairs with thymine (T) in the other, and guanine (G) always pairs with cytosine (C). Reading the sequence of bases along one strand of the double helix would tell us the sequence of bases along the other strand. If a stretch of one strand has the base sequence 5'-AGGTCCG-3', then the base-pairing rules tell us that the same stretch of the other strand must have the sequence 3'-TCCAGGC-5' The two strands of the double helix are *complementary*, each the predictable counterpart of the other. It is this feature of DNA that makes it possible to generate two identical copies of each DNA molecule in a cell that is preparing to divide. When the cell divides, the copies are distributed to the daughter cells, making them genetically identical to the parent cell. Thus, the structure of DNA accounts for its function of transmitting genetic information whenever a cell reproduces.

RNA molecules, by contrast, exist as single strands. Complementary base pairing can occur, however, between regions of two RNA molecules or even between two stretches of nucleotides in the *same* RNA molecule. In fact, base pairing within an RNA molecule allows it to take on the particular three-dimensional shape necessary for its function. Consider, for example, the type of RNA called *transfer RNA (tRNA)*, which brings amino acids to the ribosome during the synthesis of a polypeptide. A tRNA molecule is about 80 nucleotides in length. Its functional shape results from base pairing between nucleotides where complementary stretches of the molecule can run antiparallel to each other (Figure 5.24b).

Note that in RNA, adenine (A) pairs with uracil (U); thymine (T) is not present in RNA. Another difference between RNA and DNA is that DNA almost always exists as a double helix, whereas RNA molecules are more variable in shape. RNAs are versatile molecules, and many biologists believe RNA may have preceded DNA as the carrier of genetic information in early forms of life (see Concept 25.1).

Animation: Nucleic Acid Structure

CONCEPT CHECK 5.5

- 1. DRAW IT ➤ Go to Figure 5.23a and, for the top three nucleotides, number all the carbons in the sugars, circle the nitrogenous bases, and star the phosphates.
- DRAW IT ➤ In a DNA double helix, a region along one DNA strand has this sequence of nitrogenous bases: 5'-TAGGCCT-3'. Copy this sequence, and write down its complementary strand, clearly indicating the 5' and 3' ends of the complementary strand.

For suggested answers, see Appendix A.

CONCEPT 5.6

Genomics and proteomics have transformed biological inquiry and applications

Experimental work in the first half of the 20th century established the role of DNA as the bearer of genetic information, passed from generation to generation, that

specified the functioning of living cells and organisms. Once the structure of the DNA molecule was described in 1953, and the linear sequence of nucleotide bases was understood to specify the amino acid sequence of proteins, biologists sought to "decode" genes by learning their nucleotide sequences (often called "base sequences").

The first chemical techniques for DNA sequencing, or determining the sequence of nucleotides along a DNA strand, one by one, were developed in the 1970s. Researchers began to study gene sequences, gene by gene, and the more they learned, the more questions they had: How was expression of genes regulated? Genes and their protein products clearly interacted with each other, but how? What was the function, if any, of the DNA that is not part of genes? To fully understand the genetic functioning of a living organism, the entire sequence of the full complement of DNA, the organism's genome, would be most enlightening. In spite of the apparent impracticality of this idea, in the late 1980s several prominent biologists put forth an audacious proposal to launch a project that would sequence the entire human genome-all 3 billion bases of it! This endeavor began in 1990 and was effectively completed in the early 2000s.

An unplanned but profound side benefit of this project the Human Genome Project—was the rapid development of faster and less expensive methods of sequencing. This trend has continued: The cost for sequencing 1 million bases in 2001, well over \$5,000, has decreased to less than \$0.02 in 2016. And a human genome, the first of which took over 10 years to sequence, could be completed at today's pace in just a few days (Figure 5.25). The number of genomes that have been fully sequenced has burgeoned, generating reams of data and prompting development of **bioinformatics**, the use of computer software and other computational tools that can handle and analyze these large data sets.

The reverberations of these developments have transformed the study of biology and related fields. Biologists often look at problems by analyzing large sets of genes or even comparing whole genomes of different species, an approach called **genomics**. A similar analysis of large sets of proteins, including their sequences, is called **proteomics**. (Protein sequences can be determined either by using biochemical techniques or by translating the DNA sequences that code for them.) These approaches permeate all fields of biology, some examples of which are shown in **Figure 5.26**.



✓ Figure 5.25

Automatic DNA sequencing machines and abundant computing power enable rapid sequencing of genes and genomes. Perhaps the most significant impact of genomics and proteomics on the field of biology as a whole has been their contributions to our understanding of evolution. In addition to confirming evidence for evolution from the study of fossils and characteristics of currently existing species, genomics has helped us tease out relationships among different groups of organisms that had not been resolved by previous types of evidence, and thus infer evolutionary history.

DNA and Proteins as Tape Measures of Evolution

EVOLUTION We are accustomed to thinking of shared traits, such as hair and milk production in mammals, as evidence of shared ancestry. Because DNA carries heritable information in the form of genes, sequences of genes and their protein products document the hereditary background of an organism. The linear sequences of nucleotides in DNA molecules are passed from parents to offspring; these sequences determine the amino acid sequences of proteins. As a result, siblings have greater similarity in their DNA and proteins than do unrelated individuals of the same species.

Given our evolutionary view of life, we can extend this concept of "molecular genealogy" to relationships between species: We would expect two species that appear to be closely related based on anatomical evidence (and possibly fossil evidence) to also share a greater proportion of their DNA and protein sequences than do less closely related species. In fact, that is the case. An example is the comparison of the β polypeptide chain of human hemoglobin with the corresponding hemoglobin polypeptide in other vertebrates. In this chain of 146 amino acids, humans and gorillas differ in just 1 amino acid, while humans and frogs, more distantly related, differ in 67 amino acids. In the Scientific Skills Exercise, you can apply this sort of reasoning to additional species. And this conclusion holds true as well when comparing whole genomes: The human genome is 95-98% identical to that of the chimpanzee, but only roughly 85% identical to that of the mouse, a more distant evolutionary relative. Molecular biology has added a new tape measure to the toolkit biologists use to assess evolutionary kinship.

Comparing genomic sequences has practical applications as well. In the **Problem-Solving Exercise**, you can see how this type of genomic analysis can help you detect consumer fraud.

CONCEPT CHECK 5.6

- 1. How would sequencing the entire genome of an organism help scientists to understand how that organism functioned?
- **2.** Given the function of DNA, why would you expect two species with very similar traits to also have very similar genomes?

For suggested answers, see Appendix A.

▼ Figure 5.26 MAKE CONNECTIONS

Contributions of Genomics and Proteomics to Biology

Nucleotide sequencing and the analysis of large sets of genes and proteins can be done rapidly and inexpensively due to advances in technology and information processing. Taken together, genomics and proteomics have advanced our understanding of biology across many different fields.

A major aim of evolutionary biology is to understand

extinct. For example, genome sequence comparisons

have identified the hippopotamus as the land mammal

the relationships among species, both living and

sharing the most recent common ancestor with

Give a contraction of the contra

Paleontology

New DNA sequencing techniques have allowed decoding of minute quantities of DNA found in ancient tissues from our extinct relatives, the Neanderthals (*Homo neanderthalensis*). Sequencing the Neanderthal genome has informed our understanding of their physical appearance (as in this reconstruction), as well as their relationship with modern

humans. (See Figures 34.51 and 34.52.)



Medical Science

Identifying the genetic basis for human diseases like cancer helps researchers focus their search for potential future treatments. Currently, sequencing the sets of genes expressed in an individual's

tumor can allow a more targeted approach to treating the cancer, a type of "personalized medicine." (See Figure 18.27.)



whales. (See Figure 21.20.)

Evolution

Hippopotamus



Short-finned pilot whale

Conservation Biology

The tools of molecular genetics and genomics are increasingly used by forensic ecologists to identify which species of animals and plants are killed illegally. In one case, genomic sequences of DNA from illegal shipments of elephant tusks were used to track down poachers and pinpoint the territory where they were operating. (See Figure 56.9.)

Species Interactions

Most plant species exist in a mutually beneficial partnership with fungi (right) and bacteria associated with the plants' roots; these interactions improve plant growth. Genome sequencing and analysis of gene expression have allowed characterization of plant-associated communities. Such studies will help advance our understanding of such interactions and may improve agricultural practices. (See the Chapter 31 Scientific Skills Exercise and Figure 37.11.)



MAKE CONNECTIONS > Considering the examples provided here, describe how the approaches of genomics and proteomics help us to address a variety of biological questions.

HHMI Video: The Making of the Fittest: The Birth and Death of <u>Genes (Icefish)</u>



SCIENTIFIC SKILLS EXERCISE

Analyzing Polypeptide Sequence Data

Are Rhesus Monkeys or Gibbons More Closely Related to Humans? In this exercise, you will look at amino acid sequence data for the β polypeptide chain of hemoglobin, often called β -globin. You will then interpret the data to hypothesize whether the monkey or the gibbon is more closely related to humans.

How Such Experiments Are Done Researchers can isolate the polypeptide of interest from an organism and then determine the amino acid sequence. More frequently, the DNA of the relevant gene is sequenced, and the amino acid sequence of the polypeptide is deduced from the DNA sequence of its gene.

Data from the Experiments In the data below, the letters give the sequence of the 146 amino acids in β -globin from humans, rhesus

monkeys, and gibbons. Because a complete sequence would not fit on one line here, the sequences are broken into three segments. The sequences for the three different species are aligned so that you can compare them easily. For example, you can see that for all three species, the first amino acid is V (valine) and the 146th amino acid is H (histidine).

Rhesus

monkey

INTERPRET THE DATA

> Human

- Scan the monkey and gibbon sequences, letter by letter, circling any amino acids that do not match the human sequence. (a) How many amino acids differ between the monkey and the human sequences?
 (b) Between the gibbon and human?
- 2. For each nonhuman species, what percent of its amino acids are identical to the human sequence of β -globin?

Species	Alignment of Amino Acid Sequences of β -globin							
Human	1	VHLTPEEKSA	VTALWGKVNV	DEVGGEALGR	LLVVYPWTQR	FFESFGDLST		
Monkey	1	VHLTPEEKNA	VTTLWGKVNV	DEVGGEALGR	LLLVYPWTQR	FFESFGDLSS		
Gibbon	1	VHLTPEEKSA	VTALWGKVNV	DEVGGEALGR	LLVVYPWTQR	FFESFGDLST		
Human	51	PDAVMGNPKV	KAHGKKVLGA	FSDGLAHLDN	LKGTFATLSE	LHCDKLHVDP		
Monkey	51	PDAVMGNPKV	KAHGKKVLGA	FSDGLNHLDN	LKGTFAQLSE	LHCDKLHVDP		
Gibbon	51	PDAVMGNPKV	KAHGKKVLGA	FSDGLAHLDN	LKGTFAQLSE	LHCDKLHVDP		
Human	101	ENFRLLGNVL	VCVLAHHFGK	EFTPPVQAAY	QKVVAGVANA	LAHKYH		
Monkey	101	ENFKLLGNVL	VCVLAHHFGK	EFTPQVQAAY	QKVVAGVANA	LAHKYH		
Gibbon	101	ENFRLLGNVL	VCVLAHHFGK	EFTPQVQAAY	QKVVAGVANA	LAHKYH		

3. Based on these data alone, state a hypothesis for which of these two species is more closely related to humans. What is your reasoning?

Gibbon

4. What other evidence could you use to support your hypothesis?

Data from Human: http://www.ncbi.nlm.nih.gov/ protein/AAA21113.1; rhesus monkey: http://www.ncbi .nlm.nih.gov/protein/122634; gibbon: http://www.ncbi .nlm.nih.gov/protein/122616



Instructors: A version of this Scientific Skills Exercise can be assigned in MasteringBiology.

PROBLEM-SOLVING EXERCISE

Are you a victim of fish fraud?

When buying salmon, perhaps you prefer the more expensive wild-caught Pacific salmon (*Oncorhynchus* species) over farmed Atlantic salmon (*Salmo salar*). But studies reveal that about 40% of the time, you aren't getting the fish you paid for! Watch the video in the MasteringBiology Study Area for more information.





ABC News Video: Fake Fish in Stores and Restaurants

Instructors: A version of this Problem-Solving Exercise can be assigned in Chapter 5 of MasteringBiology. A more extensive investigation is in Chapter 22 of MasteringBiology. Your Approach The principle guiding your investigation is that DNA sequences from within a species or from closely related species are more similar to each other than are sequences from more distantly related species. **Your Data** You've been sold a piece of salmon labeled as coho salmon (Oncorhynchus *kisutch*). To see whether your fish was labeled correctly, you will compare a short DNA sequence from your sample to standard sequences from the same gene for three salmon species. The sequences are: Sample labeled as O. kisutch 5'-CGGCACCGCCCTAAGTCTCT-3' (coho salmon) 5'-AGGCACCGCCCTAAGTCTAC-3' Sequence for O. kisutch (coho salmon) Standard Sequence for O. keta (chum salmon) 5'-AGGCACCGCCCTGAGCCTAC-3' sequences Sequence for Salmo salar (Atlantic salmon) 5'-CGGCACCGCCCTAAGTCTCT-3' **Your Analysis 1.** Scan along the standard sequences (O. kisutch, O. keta, and S. salar), base by base, circling any bases that do not match the sequence from your fish sample. 2. How many bases differ between (a) O. kisutch and your fish sample? (b) O. keta and the sample? (c) S. salar and the sample? 3. For each standard, what percentage of its bases are identical to your sample? 4. Based on these data alone, state a hypothesis for the species identity of your sample. What is your reasoning?

In this exercise, you will investigate whether a piece of salmon has been fraudulently labeled.

5 Chapter Review



Go to **MasteringBiology**[™] for Videos, Animations, Vocab Self-Quiz, Practice Tests, and more in the Study Area.

SUMMARY OF KEY CONCEPTS

CONCEPT 5.1

Macromolecules are polymers, built from monomers (pp. 115–116)

 Large carbohydrates (polysaccharides), proteins, and nucleic acids are **polymers**, which are chains of **monomers**. The components of lipids vary. Monomers form larger molecules by **dehydration reactions**, in which water molecules are released. Polymers can disassemble by the reverse process, **hydrolysis**. An immense variety of polymers can be built from a small set of monomers.



Ξ.

What is the fundamental basis for the differences between large carbohydrates, proteins, and nucleic acids?

Large Biological Molecules	Components	Examples	Functions
CONCEPT 5.2 Carbohydrates serve as	CH ₂ OH	Monosaccharides: glucose, fructose	Fuel; carbon sources that can be converted to other molecules or combined into polymers
 (pp. 116–120) Compare the composition, structure, and function of starch and cellulose. What role do starch and cellulose play in the human body? 	HO HO HO HO HO HO HO HO HO HO HO HO HO H	Disaccharides: lactose, sucrose Polysaccharides: = Cellulose (plants) = Starch (plants) = Glycogen (animals) = Chitin (animals and fungi)	 Strengthens plant cell walls Stores glucose for energy Stores glucose for energy Strengthens exoskeletons and fungal cell walls
CONCEPT 5.3 Lipids are a diverse group of hydrophobic molecules (pp. 120–123)	Glycerol 3 fatty acids	Triacylglycerols (fats or oils): glycerol + three fatty acids	Important energy source
Why are lipids not considered to be polymers or macromolecules?	Head with P 2 fatty acids	Phospholipids: glycerol + phosphate group + two fatty acids	Lipid bilayers of membranes Hydrophobic Hydrophilic heads
	Steroid backbone	Steroids: four fused rings with attached chemical groups	 Component of cell membranes (cholesterol) Signaling molecules that travel through the body (hormones)
CONCEPT 5.4 Proteins include a diversity of structures, resulting in a wide range of functions (pp. 123–131) Concept 5.4 (pr. 123–131) Concept 5.4 (pr. 123–131) Concept 5.4 (pr. 123–131) Concept 5.4 (pr. 123–131)	R H H H H H H H H H H H H H H H H H H H	 Enzymes Defensive proteins Storage proteins Transport proteins Hormones Receptor proteins Motor proteins Structural proteins 	 Catalyze chemical reactions Protect against disease Store amino acids Transport substances Coordinate organismal responses Receive signals from outside cell Function in cell movement Provide structural support
CONCEPT 5.5 Nucleic acids store, transmit, and help express hereditary information (<i>pp. 132–134</i>)	Nitrogenous base Phosphate group P-CH ₂	DNA: Sugar = deoxyribose Nitrogenous bases = C, G, A, T Usually double-stranded	Stores hereditary information
What role does complementary base pairing play in the functions of nucleic acids?	Nucleotide (monomer of a polynucleotide)	RNA: Sugar = ribose Nitrogenous bases = C, G, A, U Usually single-stranded	Various functions in gene expression, including carrying instructions from DNA to ribosomes

CONCEPT 5.6

Genomics and proteomics have transformed biological inquiry and applications (*pp. 134–135*)

- Recent technological advances in DNA sequencing have given rise to genomics, an approach that analyzes large sets of genes or whole genomes, and proteomics, a similar approach for large sets of proteins. Bioinformatics is the use of computational tools and computer software to analyze these large data sets.
- The more closely two species are related evolutionarily, the more similar their DNA sequences are. DNA sequence data confirm models of evolution based on fossils and anatomical evidence.

Given the sequences of a particular gene in fruit flies, fish, mice, and humans, predict the relative similarity of the human sequence to that of each of the other species.

TEST YOUR UNDERSTANDING

Multiple-choice Self-Quiz questions 1–7 can be found in the Study Area in MasteringBiology.

8. Construct a table that organizes the following terms, and label the columns and rows.

Monosaccharides	Poly
Fatty acids	Triac
Amino acids	Poly
Nucleotides	Poly

peptides Phosphodiester linkages cylglycerols Peptide bonds nucleotides Glycosidic linkages saccharides Ester linkages

9. DRAW IT Copy the polynucleotide strand in Figure 5.23a and label the bases G, T, C, and T, starting from the 5' end. Assuming this is a DNA polynucleotide, now draw the complementary strand, using the same symbols for phosphates (circles), sugars (pentagons), and bases. Label the bases. Draw arrows showing the 5' \rightarrow 3' direction



of each strand. Use the arrows to make sure the second strand is antiparallel to the first. *Hint*: After you draw the first strand vertically, turn the paper upside down; it is easier to draw the second strand from the 5' toward the 3' direction as you go from top to bottom.

- **10. EVOLUTION CONNECTION** Comparisons of amino acid sequences can shed light on the evolutionary divergence of related species. If you were comparing two living species, would you expect all proteins to show the same degree of divergence? Why or why not? Justify your answer.
- **11. SCIENTIFIC INQUIRY** Suppose you are provided with a sequence of nucleotides. How would you determine if the sequence is of mRNA, tRNA, or DNA molecules?
- **12. WRITE ABOUT A THEME: ORGANIZATION** Proteins, which have diverse functions in a cell, are all polymers of the same kinds of monomers—amino acids. Write a short essay (100–150 words) that discusses how the structure of amino acids allows this one type of polymer to perform so many functions.
- **13. SYNTHESIZE YOUR KNOWLEDGE**



Given that the function of egg yolk is to nourish and support the developing chick, explain why egg yolks are so high in fat, protein, and cholesterol.

For selected answers, see Appendix A.



For additional practice questions, check out the **Dynamic Study Modules** in MasteringBiology. You can use them to study on your smartphone, tablet, or computer anytime, anywhere!

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